

OVER 15 RESULTS 5K

PLACE	TIME	NAME	CLUB	CAT
1	15.07	NEIL DARROCH	UNATT	m
2	15.17	GEORGE IRVING	IRVINE	m
3	15.30	DALE CUNNINGHAM	UNATT	m
4	16.06	GRAEME BAIRD	LAW & DISTRICT	m
5	16.31	JOHN BELL	UNATT	m
6	16.38	BENJAMIN HANDS	MOTHERWELL	m
7	16.50	ALAN TAIT	MOTHERWELL	m
8	17.03	JOHN HUGHES	MOTHERWELL	m
9	17.22	BEN SMITH	MOTHERWELL	m
10	17.52	GRAHAM HAWKINS	MOTHERWELL	m
11	18.07	JAMES MULLEN	MOTHERWELL	m
12	18.15	NICHOLAS HUGHES	MOTHERWELL	m
13	18.16	GORDON MURRAY	MOTHERWELL	m
14	18.27	LAURA McCORD	WHITEMOSS	f
15	19.02	JULIE WHYTE SIDE	WHITEMOSS	f
16	19.09	MATTHEW GRAHAM	MOTHERWELL	m
17	19.15	CAROL ANNE THOMPSON	UNATT	f
18	19.16	GRANT ALEXANDER	UNATT	m
19	19.34	ANNE MURRAY	CLYDESDALE	f
20	19.54	KENNETH MUIR	MOTHERWELL	m
21	19.56	DOUGLAS O'HARE	MOTHERWELL	m
22	20.04	MEGAN SYDENHAM	LAW & DISTRICT	m
23	20.45	STEPHEN REILLY	CALDERGLEN HARRIERS	m
24	20.55	JANET FELLOWES	HELENSBURGH	f
25	21.15	JAMES RAMSAY	MOTHERWELL	m
26	21.24	GAYLE TAIT	MOTHERWELL	f
27	21.29	KENNETH McNAMEE	UNATT	m
28	21.35	ADA STEWART	KIRKINTILLOCH	f
29	21.47	MAE McISAAC	MOTHERWELL	f
30	21.57	MARINA McCALLUM	UNATT	f
31	22.31	PHYLLIS HANDS	UNATT	f
32	22.47	IAN YOUNG	MOTHERWELL	m
33	22.50	JOHN MULLIGAN	UNATT	m
34	23.05	ELIZABETH CAMP	JOG SCOTLAND	f
35	23.30	PARTICIA ALLAN	MOTHERWELL	f
36	23.42	ANNETTE INVINE	UNATT	f
37	24.01	RAY MORRISON	UNATT	m
38	24.03	ELIZABETH MARTIN	MOTHERWELL	f
39	24.59	ANNE HUGHES	MOTHERWELL	f
40	25.14	PAUL CLEER	UNATT	m
41	25.20	LYNNE KELLY	HAMILTON HARRIERS	f
42	26.13	MARGARET CUNNINGHAM	MOTHERWELL	f
43	26.50	KIRSTEN SLOSS	UNATT	f
44	27.41	EMMA SIMPSON	UNATT	f
45	27.42	LOUISE GALLACHER	UNATT	f
46	28.10	RICHARD LAWTON	UNATT	m